B & E CATERERS & RESATAURANT LIMITED
SAMPLE MENU (WEEK I)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PINEAPPLE BAKED CHICKEN	CHINESE ROAST CHICKEN	ROAST CHICKEN	BAKED CHICKEN	JERK CHICKEN	GRILLED CHICKEN
MEAT BALLS & SPAGHETTI	STIR FRIED CHICKEN	HONEY GLAZED CHICKEN	IRISH STEW MUTTON	BARBI FRIED CHICKEN	FRIED CHICKEN
HOT & SPICY FRIED CHICKEN	CURRIED MUTTON	BBQ PORK	BROAD STEAK & VEG	STUFF ROAST FISH	COW HEAD & BEANS
OXTAIL & BEANS	STEW BEEF & VEG	COWFOOT & BEANS	B/STEWED TRIPE & BEANS	JERK PORK	OXTTAIL&BEANS
VEGI BALLS (pineapple sauce)	RED PEAS SOUP	B/STEW SLICED FISH	GUNGO PEAS SOUP	FISH SOUP	CURRIED MUTTON
WRAPS/ASSORTED	VEGGIE FRIED RICE	CHICKEN SOUP	CURRIED VEGGIE CHNKS	B/STEW VEGGIE CHUNKS	CHICKEN FOOT SOUP
SANDWICHES	PIZZA&FRIES BURGERS	VEGGIE BALLS & SPAGHETTI	PIZZA&FRIES BURGERS SANDWICHES/ WRAPS	PIZZA&FRIES BURGERS SANDWICHES/ WRAPS	SWEET & SOUR TIPLETS
FRUIT PLATES	SANDWICHES/ WRAPS	PIZZA&FRIES BURGERS SANDWICHES/ WRAPS	GUNGO PEAS RICE	RICE & PEAS	PIZZA&FRIES BURGERS SANDWICHES/ WRAPS
RICE AND PEAS	GUNGO PEAS RICE	GUNGO PEAS RICE	PLAIN RICE	PUMPKIN RICE	RICE & PEAS
SPANISH RICE	FRIED RICE	VEGETABLE RICE	STEAM VEG	STEAM VEGETABLE	SPANISH RICE
STEAMED VEG	STEAM VEGETABLE	STEAM VEG	TOSSED SALAD	TOSSED SALAD	STEAM VEGETABLE
TOSSED SALAD	TOSSED SALAD	TOSSED SALAD	PASTA SALAD	TURNED CORNMEAL	TOSSED SALAD
MACARONI SALAD	CREAM IRISH	MACARONNI & CHEESE			PASTA SALAD
	POTATO				

B&E Caterers and Restaurant
copyright© 2009